

Motherhood – For Mothers-to-be

Please help each and every person around you to take this book seriously and to confirm the growing good natural and emotional hunches to be the norm and to respect the baby when it so is born, so as to receive a lot of information regarding motherhood and the Dos and Don'ts of staying a proper mother on Earth. So please live in a proper and peaceful way and take down the good book of *Motherhood – For Mothers-To-Be*.

Grow to help yourselves always; young, good mothers to live in a peaceful state always. Bring up your troubles to the foremost and then relinquish these by praying a proper prayer to heal your state of mind.

Stay calm. Whatever you do, grow to stay in a perpetual state of calmness so that when you shall prepare for your labour, the manner of the childbirth shall so be indicative of the state you have been during your pregnancy.

So yes, your hormones shall take over soon and you shall blame a lot on hormones and get away with swearing, patting others on the back and saying rash things to your loved ones, but remember that you shall only grow to love not all the emotions that you create within yourselves. So please stay calm and control all your negative emotions and pray to change them to positive ones.

Say a prayer to good God Almighty everyday to receive a very healthy baby so that your prayers grow to help form the foetus. You shall never, ever pray for the gender of your offspring because you are not the controller of your child's destiny.

You shall not control what you grow to your wishes and expect that your baby shall conform to your standards and beliefs. You shall choose to receive many good growing messages from other strong auto-writers around you to ensure that all you young women grow to stay strong and proper, and please pray to grow good discussions with your unborn child so as to maintain strong connections with the baby before it so comes onto earth.

Please never, ever swear or use negative statements especially during your pregnancies and also after the child is born because your negative vibrations grow to affect the energy field of your unborn baby as well as when the baby is born and you are breastfeeding.

Please learn to realise the ways of your standard of living and uplift these so that you are praying in a progressive manner and you must not in any circumstances pray any types of negative prayer, especially when you are carrying an unborn child as it so upsets the child's bearings.

Please live in a clean and healthy state of being and pray to become very good and proper and please manage yourselves to be one of the most powerful of people as you can have the most power during your pregnancy in terms of pleasure and endurance and resistance. Please always pray for your comfort whenever needed and stay strong. Also learn to live in a harmonious manner so as to stay good, calm and collected and please bear in mind that a lot of powers are growing inside your energy field as you prepare to give birth which is one of the significant things that human beings can achieve on this good God's Earth.

Grow to live in a peaceful and proper way and realise the ways to live in a proper way only and grow good ways and stay indoors. Staying indoors means that you grow good vibrations within yourself by praying and meditating as well as staying in a clean, good vibrating vicinity in your own homes. You shall prepare mentally for your growing child to be strong and healthy and also for your child to fulfil all of his/her plans when they are born on earth and you shall never, ever grow decisions as to what they shall choose for their careers or pathways in terms of their future careers.

This does not mean that you cannot support and guide them, but you must not decide for them so it so becomes their own choices and decision. Please remember that you are choosing to bring up a child into the world so it so becomes your duty and responsibility alone to ensure that your child gets good care and comforts in the environment that you have brought him/her to. Please live in a harmonious state and please live in a peaceful manner. Grow to love your child to the fullest and grow a pleasant and proper ambience in your home and create very good vibrations by living in a harmonious manner with the child's father and also bring about several good days with a lot of fun and laughter.

Please live in a good and proper way and stay healthy so that you can then influence your child/ren to become very strong and grow courage by you being a supportive, good role model for him/her.

Grow to love all women and form a good bond of sisterhood and relate to one another in a good manner always. Please live in a peaceful and proper way and always live up to a good standard.

Mothers-to-be must take on their roles very seriously and also of course have a lot of fulfilment and joy as well along the way. Mothers to be must remember that growing love within the household stays to become a priority and she must grow to ensure that her household is growing very good and in a loving situation always.

Mothers-to-be must insist on the house being very clean and tidy so that more and more angels grow to visit the home and also the newborn-to-be can come to visit in his spirit form to come to the house as often as he can possibly so that the soul can get familiar with the vibrations around in the house. Mothers-to-be must insist that the house is clean and she shall keep the place very tidy and free of all types of germs or contamination. Please insist to the other people in the household to keep the place very, very good and clean so that all of the good people in the household grow to keep the place good and clean so that the environment stays good and proper when the newborn arrives.

Mothers-to-be must learn how to look after the newborn in all the possible worldly ways so that she is prepared of what is to come to her and she shall grow up and pray very good prayers for her health and she shall always grow to stay strong under very vulnerable conditions so that she stays good and she cannot and will not succumb to any types of negative pressures or any types of negativity around her and she shall pray for her comfort and help whenever she chooses.

Mothers-to-be stay strong always. Mothers shall help each person around her in the best ways that she can so that all people around her also spread good vibrations. So she shall

take it upon herself to give love and joy to other people around herself and stay calm and in a loving, good, proper, positive manner.

Mothers-to-be shall involve their partners in all the decision making that goes on in the household so that she builds strong, good, team-building with her partner so that she can then say to him or her to live in a proper way and so that her partner can support her always when the situation grows to demand her help and when she shall require love and support during the times when external, worldly help will be needed for her on Earth.

Mothers-to-be shall always work and they shall not grow lazy and say to others that they cannot work as they are growing a baby inside them. So all mothers-to-be shall work in their worldly ways so that they can also earn the household income and they can help other people around them when they are at work.

Mothers-to-be must learn how to help people around them in a way that people grow to love and respect the mother. You shall always live in a proper, harmonious manner. Grow to help one another and grow to live in a proper manner with the people you work with. Grow to employ good communication skills and stay in a proper way. Grow to live in a state of calmness so that you can help more and more people and just because you are carrying a baby inside you does not give you the right to become abusive or intolerant towards other people.

Please bear in mind that whenever you grow to do something that is not pleasant or you know that you shouldn't have done that particular thing, please try and fix the damage you have caused.

Stay calm and help yourself to stay strong and grow a lot of communication with your growing foetus so that you can then acknowledge your child's growth and all of its movements inside you and you can then be able to gauge how your child is growing inside your womb in a proper manner.

Please realise the ways to help yourself is very important and you must grow up in a proper manner only. Please always be a good, strong person so that people can grow love and respect for you always. Please help yourself whenever you can and there are several ways by which you can help yourselves by praying and meditating. Good meditation can help you a lot during pregnancy so please learn the art of meditation. Please learn to stay and clear your mind of any unwanted thoughts, emotions or feelings and stay focused. You can enhance your meditation by growing some simple breathing specialised for pregnant mothers.

Also love a lot of people and stay in a good healthy shape. Smoking, alcohol, coffee, beer and any types of acidic foods shall grow to cause growth defects in your child. Please be aware of this and also be very careful with your food intake because you can cause a lot of damage to your unborn baby when you don't eat right. Please grow to take up your food intake seriously and also grow to help yourself to stay in a proper way. Grow to help more and more mothers-to-be by staying together as a group and support one another so that more and more growth stays to become good always and please grow to help yourself to stay strong and calm and collected.

Grow to help yourselves whenever you want to and you shall get all the support you need from people around you and also from your good God's helpers who are selected to work around you while you are pregnant. So you see you shall be well looked after while you are carrying a proper good soul and you shall also be given a lot of love and support from the angels in the heavens. Help yourself first and you shall always live in a proper way while you are carrying your child inside you because the good child can also learn from his environment around him. So imagine that there is a small, growing foetus inside you and it so grows very good and grows to become bigger and stronger at each and every breath it takes from you inside. While that child grows, so grows his energy field and so grows his good vibrations and so grows his entire team of souls, loving souls, angels, archangels, guardian angel or angels and also good team of God's own angels who shall be assigned as the child grows inside you. As the growing process takes place you shall also see the good development of the foetus through visual scans and heart monitors and technology and also enables you to learn the sex of your child. So when you see all of this good growth inside you, you begin to feel sure and excited that the baby stays to grow up properly and when you can see that the baby is growing properly you then grow more strength and confidence in praying all the right and correct prayers for the proper progress of the foetus to develop in a proper and correct manner. So you will then realise that your powers of praying for a healthy baby grows to become a priority and so it must and so it should.

You shall then also consider things like his weight, height and his colouring and then you shall also begin to see that the baby grows to look like a combination of the two parents who brought it to life. Please remember that the baby grows to form from his own good genetic pattern and that you cannot control any of its movements once you have conceived the foetus in the first place.

Growing inquisitive humans continue on the journey to create the perfect and ideal human being and they grow to modify the genetics of a baby while they can in order to choose and select the gender and the type of look that they want the baby to be. Humans must understand that one cannot rightfully do so in spite of the technology which provides you the ability to do so. You still grow no rights to form a baby according to your own specifications as it so is not your right and you are taking away the right of the soul who wants to be born with a specified disease or look or type and then the soul is unable to take up the growing proper way of how it so wants its body to be like when it so chooses to come to Earth. So please realise that by demanding a special type of child can not only cause harm to the soul being born and it so grows to become an unnecessary waste of time for people to pray. So we advise you all to pray only for the soul's comforts and for the soul to stay on his correct, proper spiritual pathway and teach the soul to be very good and to follow good God's ways only and that is the only responsibility for the mother-to-be and you shall grow to continue with this type of prayer forever on good times on earth.

Yes, in the golden age in the future when Earth becomes very good, then there will be several new ways of giving birth and you shall be guided towards that when you get closer to the time. For now, stay good and do only what has been told to you and stay in a harmonious way. Please realise that there shall also be times when people may think why a child is born with a lot of disabilities or sicknesses and yes, there are always specific good individual reasons for each and every child that is born and that soul shall only be able to gage his life on Earth according to the birth defects.

So for instance, if a child has been given a cleft lip or a deformed chin or a plate in his mouth is not quite formed then this soul helps a lot of people. So that particular soul would have chosen this way to be born for many, many reasons like to help doctors to use more and more improved technology or for mothers to pray more positive prayers or for people around the soul to pray more good prayers or for the soul to be progressing himself or herself according to the shape and form that he/she has chosen.

So there can be several reasons for disabilities so one shall not grow sympathy or be in a numb situation where you stay helpless, but you grow more and more proper prayers to good God Almighty to overcome the good disability and also help the child in the best possible way.

If, for any reason, the foetus stops breathing or does not live up to the term of the pregnancy then too, there are several factors to consider. The main one being that the soul has now decided not to take birth at that particular time so the mother shall grieve in a proper way, not taking any form of blame or guilty feeling towards herself. It can be one of the most distressing way to end a relationship with a child, but unfortunately, we cannot provide any types of help here in these types of situations. The parents grow remorse and they rightfully can do so.

Please support such parents with all the love you can possibly give them with all your hearts. Also, when the child is born and soon dies, like cot-death, for instance, it soon becomes a similar reason, where the soul has decided not to continue to its full term on Earth. Yes, once again, there is no real clear explanation for this but we shall all endeavour to do our very best in these types of situations to give the parents a full support and to help them grieve through the process.

Young mothers sometimes also get pregnant when they choose not to. So for instance, they may be raped or they may be in an abusive relationship or they may simply not be ready emotionally to conceive a child so young mothers shall also have a grieving process while they are carrying an unwanted child inside themselves.

In these situations, the need to terminate the pregnancy grows to be the strongest, so mothers here have a full right to do so. Please view these cases on individual basis as well, so for instance, a young woman has been forced to conceive without her permission for whatever reason, then she shall have the right to terminate the pregnancy so that she can then carry on with her life as usual. In such cases, it so becomes very important for the woman to do so very urgently and quickly to avoid the baby to grow bigger and stronger so as to terminate any kinds of forming bonds with the unborn child. While the woman makes the decision to terminate a pregnancy, it so becomes important for her to state her reasons in the form of a prayer so that the angels can carry these to good God Aman. Also, under such circumstances, the woman must make the decision in the first trimester as the best way to terminate the pregnancy as to avoid more physical pain during the terminating process of the unborn foetus.

The soul who would have been assigned to this mother will be then given a lot of love and support in the heavens to choose another mother and a lot of help grows to be given to these souls so please do whatever you do on Earth with a lot of thought and care and do not make any types of negative prayers or irrational decisions as once the decision has been

made to terminate the pregnancy, then there is no going back. So please take these things very seriously.

Please also realise that more and more women are choosing to terminate pregnancies as unwanted pregnancies and these should be avoided unless a dire instance. So for instance, we have so many, many teenage pregnancies and so many young mothers who are choosing not to bring a child into the world due to financial circumstances or to build a better career and so on. So in these cases, where the situation is not as serious as the other ones mentioned previously, then these women must take a lot of care and not fall pregnant. Please take care and also be very careful when you have sex as sex is very important and also sex is so undermined in today's society so please remember that whenever a woman chooses to have sex and has then fallen pregnant, then she is responsible for her pregnancy and she shall take full responsibility for her conception.

So women who keep on having unprotected sex and then conceive shall take up the responsibility of that conception and then she shall have to grow a lot of consideration and she shall have to really think and reflect about what she shall do from then onwards. A woman who keeps on growing terminations of pregnancies without any kinds of proper justifications can also end up spoiling the chances of souls who may choose to have her as a mother who were already planned in advance with the mother before she was born on Earth and then it so spoils their life plans for the mother, her soul to come on Earth, as well as her family group souls.

So whatever you do, you women have a lot of power on Earth in order to keep your growing good foetus inside you so all of you must stay strong and all of you must make very good choices and good decisions as to enhance your lives on earth.

Please dear mothers-to-be, please remember not to fight and live in a nice, comfortable relationship because whenever you fight or become upset, then, your unborn child picks up on the vibrations. So please remain a very calm person. Please remember that your unborn child is very perceptive and can pick up on your thoughts and also on your emotions so you must always stay calm and positive always.

Please stay to happily do all your worldly work and pray a good set of prayers for your help to grow the foetus in a proper manner. By that we mean that you shall stay proper and positive and pray for growing your foetus in the proper manner and stay very good always. Please remain calm and also do not grow any negative feelings, as these grow to transfer across to the foetus as well. So stay in a calm, proper and perpetual state of happiness and eat well so that you grow proper nourishment for the baby growing inside you. By good food we mean that all the proper foods, and avoid processed foods as much as possible.

Grow to receive many messages from your unborn child as the good soul who is planning to take birth to you shall begin to start growing a proper bond with you and it shall start to talk to you so you must always stay open for communication.

Of course that can get very difficult for a lot of women so please grow not to worry but stay open to the good communication and you may be able to hear the soul talk to you. If you do not, then please there is no concern. So please do not force yourself as well to listen, but please keep a look out for this to occur.

When you hear your soul talk to you then please acknowledge this and thank good God Almighty for this opportunity for the soul to talk to you. You may also find that the soul can grow a lot of proper advice for you which will be directly be in growing concern to you and the soul only. Please take down these messages as you receive them and then take down all that this soul says to you very seriously and please grow to trust the soul as the soul has chosen to come to earth through you. So you must learn to reciprocate the communication by doing what the soul is telling you to do and sometimes the soul may tell you or suggest to you things that you are not prepared for. So you shall also take it upon yourself to do exactly what has been told to you so that you grow properly on earth.

Please love the soul coming to you with the proper best way that you can and then also live in a proper way to follow the messages given to you. You must learn to live in a harmonious manner. You help each person to pray and help a lot of souls to come to Earth.

Young mothers shall always receive any soul that comes to her with love and respect and she must never, ever try and overcome his decision and must try to accommodate the good ways of the soul coming to her and we mean that you mothers shall always accommodate the soul's desires and talents and help the soul growing up to the plan that the soul has come to Earth to undergo. So you shall not interfere with the growth and progress of the soul and help the soul to achieve all the soul's plans to fulfil on Earth.

Now this can get to become very difficult nowadays when there is so much of evil going around on Earth and there are so many ways that the soul could go astray. So mothers shall always become the moral voice that guides the soul to follow the good ways of Lord Aman and shall always grow to guide her child in the ways of good God Almighty. Young mothers who have very young children also find this task extremely challenging and may get very overwhelmed by her child and grows to become what we call a slave to her child's demands. Please do not ever do that.

Never, ever must a mother give in to her young child's demands and she shall grow to pray in a proper manner. Pray for your child's proper progress and stay in a firm state of mind and grow to love the child as much as you possibly can. Please learn ways to cope with the child's demands. Please remain calm while a child shows temper or behaves in an inappropriate manner so that the child grows to distinguish between good and bad behaviours. The child must learn how to adjust himself or herself with the help of people around him/her and shall learn to control the behaviour and become resilient and not be one of those souls who grows up to become what we call a disaster.

Yes, the mothers shall have to be very careful in the way they raise their children and they shall grow to take up a lot of responsibility in the child's growth and progress. So mothers have a very important role to play in the upbringing of the child and also looking after its good health and wealth and comforts so mothers have a huge role to play in the upbringing of her child.

Good mothers shall always ask other good souls for help and advice and ways to bring up the children in a proper good manner so please remember that growing good ways to help the young child stays to be a good way to react and live in a household. What we mean is that when a mother chooses to help her growing child by taking him to good education places and grows to ensure that the child grows up to have a proper education and grows

up to live in a proper, respectable manner, then the mother is succeeding in her duties and she stays to lead the way for the growth and well-being of the child. Mothers shall also live in a proper way with the father of her child.

Now for the role of the father, the young father, of course, has also an important role to play in the overall progress and wellbeing of the child. The father shall guide the mother and he shall also grow a lot of support in the household, and he shall pray for a good child and pray for the child to fulfil his mission on Earth.

The father shall help the mother to pray in a correct, growing good manner and he shall help the mother always and he shall also look after the mother when she needs his support and he shall always support the mother in the proper way. Fathers shall assist the mother physically when they are also unable to do physical things around the house. Fathers shall be the overall love and support of the household and he shall hold the keys to the door.

What we mean is that the father shall grow to help make important, good decisions and also take care of the family as the mother will be limited in what she can do for herself and for the newborn baby. So fathers shall take up a lead role as he stays to be the strongest factor in the family unit and he shall stay to be the strongest always.

Fathers shall give up all of their luxuries and comforts to by and large put the mother and baby first before his own needs. He shall take up his role and responsibility in a mature and significant manner and he shall do it with pride and dignity. Fathers all grow a lot of love for their families and they shall grow a lot of love for their son/daughter and participate whenever he can to help the child in his education and learning although that still shall be in the mother's domain.

Fathers shall be the overall provider for the family unit so the father shall continue to put food on the table as the mother's prime duty is to look after the children. The father's prime duty is to financially support the family as he stays to be the head of the family. A good father shall never, ever exercise his right as a father by taking away the privileges of the family in order to suit his own personal needs. So for instance, he shall not come home and say to his family, that he chooses not to work because he wants to relax and so the mother or the young child is forced to go and do work to financially support the family.

Fathers shall always work hard to earn the livelihood and pray for good help to do well on earth and to support his family in a proper, positive manner and he shall take it upon himself to live in a good, honest and peaceful way. Fathers shall not put pressure on the mother for financial contribution and they shall not grow to hate the mother if she chooses not to do so.

Mother's prime function is to bring up her child in a perfect proper way so mothers shall work out what works best for the family situation. So mothers shall work around the needs of the family and she shall choose to work and support the income of the household. Busy she shall be if she has to do both in a proper, equal manner and she can then do neither job really well.

So mothers who work are also very tired always and they shall require to have a proper break every now and then in order to pray in a proper way and so please bear in mind that these are the ideal roles of fathers and mothers in good Earthly ways. So do understand that

nowadays a mother is expected to work a lot and also fulfil the role of upbringing the good child and this stays to be the way that each family is working at the moment. So please grow not to despair but please, if you can help it, spare the time to look after your children first and then grow working for working is very, very important but it shall not supercede the work that you shall have to do first as a growing good mother.

So you mothers have a huge role and responsibility as soon as you conceive until the life of the child is over you have a good role to play and you shall all grow so much in your own pathways as you embark upon the journey of motherhood. Please do take care of yourselves and always stay in a good and proper way and stay together as a strong family unit and live within good God's ways and always help one another in good times of need.

Please grow good vibrations as your family grows to help themselves grow up with the good vibrations that the mother creates. The mother's good vibrations tend to spread among the children and also to the father of the children. So the mother must live in a proper way and this is the most important piece of advice that we can give you from the good spirit world.

When mothers start growing good ways or go astray or they grow cranky or fight among other people then they loose their good vibrations and then they shall find it very difficult to help the good children in their day-to-day affairs. Stay calm and meditate. Build up your vibrations. Keep a charm whenever you possibly can. Stay within your means and stay clean and healthy. Stay in a way full of love. Choose your company well and do no spend time around people who are negative or grow to spoil your progress and live in a calm and proper state. Help yourselves to live in a peaceful way without any fears and always pray to good God Almighty and help yourselves to come out of unfavourable situations. For example, if you are having a day with a lot of tasks to do and complete and you are running out of time and energy, then pray to God for help and you will find the headspace and willpower to get all your bits and pieces completed and you shall also have some time left over to enjoy with your family. So please do not stress and grow to become helpless as there is no such thing as being helpless as mothers always have a good way to deal with all of their worldly worries.

Please live in a state of happiness and grow to meditate and achieve peace and happiness within yourself so that you can help grow good loving bonds with people around you and that you continue to be a good role model for your children. Grow to help one another in order to help one another in times of stress and difficulties. Mothers shall have a lot of help from her team of angels so she shall receive her help from the heavens whenever she asks for her help.

Please realise the love and care that you take for yourself shall grow to affect the foetus inside you. So please refrain from any types of activities which may require you to leave town or stay overnight in a motel or places you are not certain of the whereabouts and stay indoors. Mothers-to-be require a constant supply of good vibrations, and these require to be a very good way to be, and please avoid growing any types of bad or negative vibrations. Mothers-to-be must stay in a proper manner and not stay out at night or at any other times on Earth which have less good protection from the heavens and they must learn to spread good messages and they shall learn to help themselves as they require more and more constant state of good vibrations.

Mothers-to-be shall help themselves by staying well protected and well guarded. They shall require a lot of love and independence to live in a good manner and they shall learn how to spread the growing good ways of Almighty God and they shall live up to the good ways of living and they shall help other people around them.

When an infant cries, mothers need to be aware that the child cries and that is the only way an infant grows to express a range of feelings. So for instance, the infant may cry for food or water or for being changed into clean clothes or for a number of reasons like discomfort or gas or any types of illnesses or sicknesses. So mothers shall train themselves to understand the situation and diagnose the types of crying and then learn the methods of praying to her good angels to help her to grow awareness of her baby's needs also. So please learn to realise the ways that the baby cries and this shall also grow to enhance your parenting skills.

Growing good ways to help the crying infant is by stroking him to sleep and also by playing with him as much as you possibly can. Young infants, when they are newly born, have the highest sensations. In order to fulfil these sensations, you must offer them the most of your love and good vibrations so as to grow more and more stronger good bonds with the infant. So whenever the infant grows to accept these ways, then the infant grows to become stronger and stronger. A very young infant, say an infant so becomes very good at crying a lot then you shall grow to satisfy his needs by growing good ways to help the needs of the infant by saying your good set of prayers to support the growing needs of the infant.

So a proper prayer directed to good God Almighty to satisfy the needs of the infant shall be the good prayer to be prayed by the new mother or the father or by both or any other caregiver of that particular infant. A good prayer to God Almighty to satisfy the infant usually grows to be a strong prayer and that prayer usually grows to get a good answer. Please realise that this does not mean that the infants shall not ever cry again. Once again, the infant may begin to cry and this time for another type of need. So please pray for his needs to be satisfied again and again so that you have an ongoing set of prayers for the infant to always be satisfied and he stays to be in a constant, growing good need. So help yourselves to live in a proper way where parents and grandparents make it a habit to keep on praying in a proper manner so that the child's needs are met as much as they possibly can from the heavens and that the growing infant grows to be soothed in the proper manner.

Please realise the need to pray these proper prayers grows to also be granted according to the wants and needs of the child and also according to the set plan for the child. So for instance, when a child is crying for comfort for comfort from his good angels in the spirit world, then shall it so be granted usually and the angels from the heavens come, grow their presence around the child and stay with the child for a time to allow him to settle. Sometimes that may not occur if the soul stays to be asking for a particular loving soul to be present and then that soul has already grown a rebirth on Earth and so may become difficult to give solace to the soul in the child who is crying so then that particular child may grow to keep on crying and pining for the company of a loving soul from the heavens and to fulfil this prayer, grows to become impossible. Of course there may be other good souls who could be sent instead of that particular soul which has already taken rebirth and then the soul in the good child who is crying will grow to have some solace.

So there are several ways as to how a soul can grow proper on Earth and how a soul grows depends upon the good prayers of the mothers. So mothers shall learn how to pray and what to pray for. Please do realise that for instance, there is a child who is crying and there is no food left in the house. Then the child grows to have a lot of hunger and so needs to be fed by the mother, then the situation is slightly different in this scenario. Please remember that a mother who chooses to feed her child in a proper way shall never, ever beg or steal from anyone in order to feed her child, even though there is nothing available to feed the baby. The mother shall pray to God to improve her situation and if all fails, then she shall grow to live in a peaceful way with the situation by her praying for the child to be taken away or for the child to be looked after by someone else as she cannot feed her own child. Under no circumstances shall the mother take the life of her own child and she shall never, ever steal or fight or feed the child in a way that can be harmful for her growth in a spiritual manner.

This is a very dire situation and you must realise that then the mother shall live in a peaceful and proper way. So please grow to learn that mothers must never, ever stop their own personal spiritual proper progress in a way that grows to hamper their good progress on Earth. When you have a child, then your duty and responsibility comes first to look after the child, but you shall never, ever jeopardise your own spiritual progress under any circumstances.

Usually when a child is born into a household or a family, the child always comes with a sort of plan to enhance the spiritual growth of the mother and sometimes also then specific family members, for instance the father or another sibling or grandparent. So usually, mothers should think and see that the child is actually enhancing her own progress on Earth, but under no circumstances shall the mother make excuses to grow lazy or ways to think that growth on progress has stopped for her because she is now restricted and bound by her duties as a mother towards her baby and that she could have achieved a lot more should she had not grown to have the child.

Mothers need to be aware that her child also has a plan for her own good spiritual journey and she must learn to embrace this fact and treat the child with the proper respect as a growing good soul who has come to her for her own proper way to build good vibrations and her own proper progress.

So mothers grow to help each and every person and they shall live in a way to realise that the good soul who stays to be born to her grows a good rapport with her guardian angel/angels and then the soul grows to work with the mother's own team of angels and then she shall learn that the child stays in a proper manner to receive all the love and proper ways always so as to live in a proper, progressive manner.

Good mothers must realise that all the good soul wants is to live in a peaceful manner and the mother shall always respect the soul that has chosen her for fulfilling his mission on Earth.

Mothers shall help themselves to stay in a proper state of mind while letting go of their child's help and also by letting go when the child grows to become independent.

Some mothers do this brilliantly and others grow quite the opposite when a time comes for the baby to start taking baby steps - yes literally then the mothers shall grow a lot of love and encouragement for the young child to keep on walking on his own two feet. Then we do not understand as to why this cannot continue on as the child grows to become more and more independent?

You see as child develops and grows independence, the mother's role stays to congratulate your child and comment positively on his progress and achievements and then you need to let go of the ways that were in the past. For instance, when a child learns how to grow a good way to study for himself, then congratulate him and then don't force him to read upon what you think stays to be important and also when a child learns to live on his own and support himself to live on his own then please grow to congratulate him and grow to love him unconditionally and please take pride that you have almost done everything that you can possibly can for the upbringing of the child.

Please note that some mothers grow to live in a constant state of fear that the good son or daughter may never, ever be able to survive on his/her own and they always interfere and grow negative emotions about their child's independence.

This only slows the process down and stays to continue to interfere with the child's proper progress. So mothers must remain calm and let their child move on outside of the good family unit when they grow to choose to do so and not make them feel like they have to stay at home and live there forever.

Yes, as the metaphor goes, the baby bird must leave the nest, so does the young child who has taken all your love and comforts and support for his entire life must be given the opportunity to move into the wide world on his own and on his own two feet independently and not feel remorse or guilt at doing so.

Mothers find that situation one of the hardest and most challenging of situations, but they shall learn to comfort themselves by saying to themselves that this is actually their prize and that is actually what they shall grow to achieve when they bring a child into the world.

Both the child as well as the parent shall discover their own inner strengths to become independent souls and sometimes a soul may grow to break permanently from the family unit. What this means is that the soul no longer stays inside the energy field of the mother and the pain for the mother grows to be tremendous. Yes, please consider healing yourselves when or if such a situation arises and never, ever blame the innocent child for this break-up as you see, this so is already planned and is also one of the growing good laws of good God Almighty.

Please remember that a lot of prayers to heal your unhappiness and set up your emotional balance again shall become a priority for the mother and she shall gain a lot of strength and wisdom from her own experiences. A mother shall always help other young mothers in times of need and she shall always live in a good state and she shall always give her best to fulfil her spiritual plan as well as that of her children also so she shall live in a peaceful and proper way.

Grow to live in a state of alertness and sharpness and be perceptive and adapt to the growing needs of your children as they grow up. Mothers-to-be, you have a very, very

important and fulfilling role on Earth so please grow to do this well and give out advice, love and help to other women around you. Please remember all your good and special moments that you have had with your children and enjoy every living moment with your children as they shall always cherish these moments and they shall always remember you by those special bonding moments.

So please conclude now by taking a final message now and consider this book closed for now:

Jasmine please take all of your messages received in this book of Motherhood - For Mothers-to-be in a proper manner. You may choose to make this book more user-friendly, but please do not change any meaning of what messages we have given you and learn how to make this information accessible. You may also put this book on the AMAN website and tell Coover and Naoroze to assist you with your endeavours.

You also need to understand that your love and passion to receive this book has been enjoyed by the angels who gave you all the messages and they also want you to know that they shall continue to love and pray for you and help you and please grow never, ever to fear about being a parent as you see, being a parent has several situations when you as a parent can feel helpless. But please remove that particular word from your vocabulary. As far as we are concerned, we do not understand why that word exists in the first place as there stays to be no such thing as being helpless.